

See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

Isaiah 43:19

Blessings for a New Year

*May you be blessed with sudden insights and inspiration.
May you be graced with quiet moments of simplicity and reflection.
May you be supported by your loved ones when you need them.
May you be a source of strength to those around you.
May you received embraces from parents, children,
and long lost friends.
May you cry at a good movie with a person you love.
May you read a newspaper and react to injustice-
both in mind and deed.
May you pick up a hobby that you have always wanted to do.
May you say goodbye to habits and thoughts that have
become a burden for you.
May you forgive those who have hurt you.
May you travel to new places inside yourself.
May you build the world you have always wanted
for yourself and others.
May you have late mornings with a good cup of coffee,
and enjoy the fresh air.
May you feel healthy- physically, emotionally, and spiritually.
May you hear the joy and the sorrow of this great universe
in which we live.
And may you –and us all- be blessed with peace.*

Rabbi Frederick L Klein

Happy New Year!
2019

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