

First Baptist Church of Pendleton

351 South Broad Street
PO Box 187
Pendleton, SC 29670-0187

www.fbcpendleton.org
Church Phone: (864) 646-3913



Newsletter Volume 44 Number 22

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Counseling Resources

The first time I saw a professional counselor was when I was a college student. I was experiencing what I later came to describe as my crisis of faith – wrestling with what I believed about God and who I sensed God was calling me to be in the world. There was no traumatic event or “trigger,” but rather a cloud of depression that seemed to come from nowhere. The church I attended at the time had a counseling center on site, and I called to make an appointment.

Pendleton Community Counseling Center



Through sessions with that counselor and several others I have seen over the years, I have come to believe that counseling is beneficial for everyone! Sometimes we think counseling is for those going through a tragedy or for people with mental health issues. Counseling can certainly be useful in those situations, but counseling can help anyone become a more emotionally and spiritually healthy individual. Counseling offers resources for improving relationships, dealing with stress, and navigating natural life occurrences such as aging or children leaving home.

I am thankful that our church has the opportunity to host the Pendleton Community Counseling Center. Each week, Dr. Don Keller from the Baptist Easley Pastoral Counseling Center sees clients in Room 310. On the first Tuesday of each month, Christine Dowling leads a support group for individuals with Multiple Sclerosis and their caregivers. Other counselors are also available at the main location behind the Baptist Easley Hospital as well as at some other area churches. First Baptist Church of Pendleton is a covenant partner with the Baptist Easley Pastoral Counseling Center, and as part of that partnership, FBCP members receive their first session free. The Counseling Center accepts most major insurance plans and also offers a sliding scale to those who qualify. This is a wonderful resource for our church and community!

This Wednesday, October 24th, Dr. Don Keller will be our guest speaker at Wednesday night Bible Study in room 306. This will be an opportunity to get to know Dr. Keller. He will be sharing some Scripture and a little about the counseling process and some of the concerns he frequently addresses with clients. This will be a great opportunity to learn more about the valuable resource of the Pendleton Community Counseling Center.

-- Jennifer Rygg, 10/21/18

every member a minister

FULL-TIME MINISTERIAL AND LAY STAFF

Rev. Jennifer McClung Rygg · Pastor
Rev. Chris Cottingham · Minister of Music and Youth
Joseph Reed · Office Manager

PART-TIME MINISTERIAL AND LAY STAFF

Marlena Dixon · Building Manager
Keleigh Frazier · Director of Children’s Ministry
Diane Scott · Senior Fellowship Coordinator
Andy Welchel · Guest Organist
Becky Westmoreland · Financial Assistant

PASTORAL EMERGENCY

Pastor Jennifer Rygg
mobile (864) 760-7135

Pendleton Community Counseling Center
1-888-293-7585 or 864-442-7585

DEACONS

At FBCP, the deacons are spiritual leaders. They are concerned with the spiritual welfare of the Church and serve with the Pastor as co-laborers. Deacons “shepherd” their flock by praying for, communicating with, and offering encouragement to members of their flock. If you have a prayer request, spiritual need, or concern, please contact your deacon.

Flock 01 · A - Black	Rick Massey	(864) 225-1845
Flock 02 · Blackm - Cha	Glenn Andrews	(704) 523-1414
Flock 03 · Che - Don	Tammy Gladson	(864) 245-0974
Flock 04 · Dov - Ge	Randy Strickland	(864) 646-7937
Flock 05 · Gi - He	Lou Wood	(864) 654-3129
Flock 06 · Ho - Le	Cheryl Patterson	(864) 654-4249
Flock 07 · Lo - Morg	Lindalee Cleveland	(864) 934-4574
Flock 08 · Mori - P	Steve Hansen	(864) 903-1576
Flock 09 · Q - Sm	Warren Willoughby	(864) 646-7937
Flock 10 · St - T	Peggy Carter	(864) 940-5471
Flock 11 · V - Z	Kim Burgess	(864) 654-3129
Deacons and Spouses	Anna Leavitt	(864) 868-9140

JOIN US THIS SUNDAY

9:00 - 9:25 Coffee, Tea and Conversation in the Fellowship Hall
9:30 - 10:30 Sunday School
10:45 Worship in the Sanctuary

Please check the monthly calendar for events:
www.fbcpendleton.org

Church Office Hours Effective October 8

Monday - Thursday 8:30 - 6:00
Closed from 12 - 1 for Lunch
Friday 8:30 - Noon

The Newsletter

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FOR MORE INFORMATION

Pendleton Community Counseling Center

<http://www.fbcpendleton.org/counselingcenter.html>

(The Pendleton Community Counseling Center is part of the Baptist Easley Pastoral Counseling Center.)

Baptist Easley Pastoral Counseling Center

<http://apps.baptisteasley.org/body.cfm?id=249>

To make an appointment at any of the locations, call the Easley office number, 442-7585, or the toll-free number, **1-888-293-7585**. (When you call, be sure to specify that you are a member of FBC Pendleton.)

ADULT MINISTRY

- Every Monday @ 9:30 -- Knitting / Crochet (open for any handwork) (FH)
- 2nd Monday (Nov 12) -- Keenagers @ 10:30, Fellowship Hall
- 3rd Sunday (Nov 18) -- Merry Widows' Lunch @ Noon (location TBD)
- Tuesday, Oct 30 -- Ladies' Lunch @ 11:30, (SunnySide Café, Patrick Square)



The next "Young" Adult **Game Night** will be Sunday, November 11, from 4-8 pm. We will have a variety of board games (feel free to bring your favorite!), dinner, and activities for children!

Spencer Willoughby continues leading a Wed Night Bible study for **college students**, 6:30 - 7:30 in Room 309. Contact Spencer at simplyspencer18@gmail.com to get involved in the conversation.

1st Stop Trick or Treat

This year, we are trying something new! Instead of having a Fall Festival, we are hosting an event we are calling "1st Stop Trick or Treat." Since Halloween falls on a Wednesday, we are inviting our neighbors to make FBCP their first stop for trick or treating. We will have a **free hot dog supper** in the Fellowship Hall on **Wednesday, October 31** from 5:15-6:15 pm and a **Trick or Treat Station** on the front lawn of the church from 6:00-7:15 pm.

If you live in a neighborhood where children Trick or Treat, we want to encourage you to be present in your neighborhood that evening. Come join us for a hot dog at church, and then go home and get ready to love your neighbors! Too often in our society, most of us spend very little time talking to our neighbors. Halloween offers a unique opportunity to interact with our neighbors. Rather than having a big event at church that takes all the church members OUT of your neighborhood, we want to encourage you to be IN your neighborhood and love your neighbors! If your neighborhood does not have Trick or Treaters, we would welcome your help with the Trick or Treat Station at church.

How can you help?

- We thank **Pam Willoughby, Spencer Willoughby, and Madison Kotewa**, who volunteered to take care of decorations for 1st Stop Trick or Treat.
- Chris Cottingham and the youth will be coordinating the **Trick or Treat Station**. If you can help, let Chris know.
- **Invite your neighbors!** We have postcards available for you to use as an invitation.

ALL SAINTS OBSERVANCE

We will observe **All Saints Day** in worship on **Sunday, November 4**, remembering the saints of our church who have died in the past year.



Senior Fellowship Fall Activities

Senior Fellowship's busy autumn activity schedule continued with a recent performance by the bluegrass gospel band, **Tugalo Holler**. Since 2001, God has opened many doors for the group as they play at churches, arts and crafts events, weddings, parties, benefits, along with many other venues across up-state South Carolina, Northeast Georgia and Western North Carolina. They consider it a privilege and honor to be able to spread joy and happiness through song. The group's upcoming performances include Anderson's 2nd Annual Bluegrass Festival in the Civic Center of Anderson. Performing dates for the group can be found on their website, www.tugaloholler.com.



Quarterly Church Conference and Covered Dish Luncheon

Sunday, October 28, after worship

Please bring a side dish or dessert to share.

Enjoy fellowship and a nice meal, and get caught up on church business.

Committee chairs, please send your reports to office@fbcpendleton.org by October 25, or be prepared to make an oral report at the Conference. Thanks.

NOVEMBER LADIES NIGHT

November Ladies Night is Spaghetti & Socks Night! Join us on **Thursday, November 8 at 6:30** at the home of Christy Allen for a spaghetti dinner. Bring new socks to donate to the Lot Project, a ministry for the homeless in Anderson. Needs include men's and women's white crew socks and long johns.

We need additional volunteers to make coffee Sunday mornings for "Coffee, Tea,

and Conversation" in the Fellowship Hall. Please contact Sheila Fant (via FB) or the church office if you are willing to go on the rotation. Training can be provided.



CALLED CHURCH CONFERENCE

Called Church Conference will be **Wednesday, November 7** at 6:30 pm in the Fellowship Hall to discuss the **2019 Budget Proposal**. Copies of the proposal will be available on the table outside the office by Sunday, November 4. Adult Bible Study will take place after the church conference, time permitting. Children and youth activities will take place on their regular schedule. Volunteers scheduled to lead youth/children, if you would like to attend the church conference, please check with Keleigh or Chris regarding alternative arrangements.



SAVE THE DATE AND JOIN US

FBC Pendleton is hosting the **Community Thanksgiving Service** for the Alliance of Pendleton Area Churches on **Sunday, November 18 at 5 pm**.