



Drive Thru Food Drive to Benefit CCC



World Communion Day is October 6. In conjunction with that observance, we would like everyone attending worship that morning to bring something for the Drive Thru Food Drive to benefit Clemson Community Care. The food drive, sponsored by our Community Outreach Team, will be **Sunday, Oct 6** from noon - 2:00 pm on the front lawn of the church. Extra hands will be needed, so anyone who can stay after worship to help with this project is much appreciated! Food items needed include shelf-stable milk (32 oz box), soup, peanut butter, crackers, pasta sauce, dried beans, rice, cans of vegetables, beans, potatoes, and pasta. Non-food items needed are shampoo, conditioner, soap, deodorant, size 5 diapers, baby wipes, toothpaste, and toothbrushes.

September Is Suicide Prevention Month

On Oct 9 at Wednesday Night Adult Bible Study, Ted Thomas will give a presentation and lead discussion to understand facts and dispel myths about suicide and mental health. We'll explore warning signs, and helpful and unhelpful approaches to talking to someone who may be having suicidal thoughts and mental health concerns. We will also recognize World Mental Health Day on Oct 10.

SUICIDE WARNING SIGNS FOR YOUTH

It's time to take action if you notice these signs in family or friends:

- Talking about or making plans for suicide.
- Expressing hopelessness about the future.
- Displaying severe/overwhelming emotional pain or distress.
- Showing worrisome changes in behavior, particularly in combination with the warning signs above, including significant:
- Withdrawal from or changing social connections/situations.
- Changes in sleep (increased or decreased).
- Anger or hostility that seems out of character or out of context.
- Recent increased agitation or irritability.

#SUICIDEPREVENTIONMONTH | #SPM24

SAMHSA

SUICIDE WARNING SIGNS FOR Adults

Risk is greater if a behavior is new or has increased, and if it seems related to a painful event, loss, or change

- Talking about or making plans for suicide.
- Acting anxious or agitated; behaving recklessly.
- Talking about being a burden to others.
- Talking about feeling trapped or in unbearable pain.
- Increasing the use of alcohol or drugs.
- Talking about feeling hopeless or having no reason to live
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

#SUICIDEPREVENTIONMONTH | #SPM24

SAMHSA

Senior Adult Ministry

The University of Georgia, Clemson University, Furman University, and Alabama were represented at our Tailgating party this past Thursday with Clemson receiving the loudest cheers! **Tammy Garland** read our devotional about the 9/11 attack in 2001. She read verses from 2 Corinthians reminding us of the need to be prepared spiritually for death. After Tammy's devotional, many in the group shared their personal stories about that day twenty-three years ago.

After taking time to give personal experiences of that day in our country's history, we made a Fall craft and we played several lively rounds of BINGO!

Kim Burgess served a lovely lunch with all our tailgating favorites and, of course, Kim served us on her beautiful Clemson china pieces! Many volunteers were on hand to help all our members experience a delightful morning.

We continue to appreciate bingo prize donations delivered to the blue container in the hallway across from the choir room.

— Jane Huss, Lead Volunteer

Senior Adult Ministry meets the 2nd and 4th Thursdays of the month and is open to anyone in the community. Volunteers from the community are also welcome. **Jane Reynolds Huss** is the lead volunteer and can be reached at janereynoldshuss@gmail.com or mobile 864-979-2281.

Therefore encourage one another and build each other up, just as in fact you are doing. — 1 Thessalonians 5:11



PASSPORT Camp 2025

Save the date and make your deposit! We are looking at the following dates for camp next summer.

June 15 - 20 · **PASSPORT Choices for Youth** (completed 6th - 12th grades)

July 7 - 10 or 13 - 16 · **PASSPORT Kids for Children** (completed 3rd - 5th grades)

A \$50 deposit is due by **Sep 29** to confirm your spot. If you need more time to make the deposit, please talk with **Rev. Chris Cottingham** (chris@fbcpendleton.org or 864-420-6221).

PASSPORTsm

2024 - 2025 Prayers of the People

The Cooperative Baptist Fellowship's year-long guide to prayer.

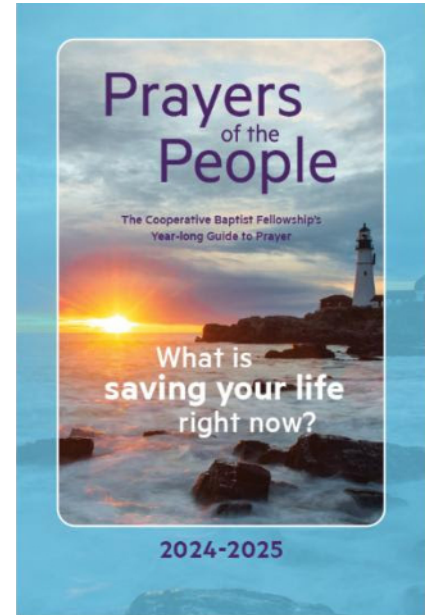
What is saving your life right now?

For this year's *Prayers of the People*, we invited leaders across our Fellowship to reflect on the question posed to Barbara Brown Taylor: **What is saving your life right now?** from her 2007 memoir, *Leaving Church*. As a result, this year's guide is filled to the brim with stories of friendship and community, hard-won bits of spiritual wisdom, creative practice of prayer and rest, and reflections on our experiences of looking for new life during dark and difficult times.

Most of us know what's killing us, challenging us or frustrating us. But few of us stop to notice and name what is restoring us and giving us life. Jesus told his followers that he came to give life, and life abundant (John 10:10), so it is not a far leap to suggest that the things that give us life are also the ways God is present with us. The people, places, practices and experiences that give us life are our embodied prayers.

The reflections gathered in this year's guide are authentic, personal, thoughtful and moving. They invite us into holy ground and help reorient us to a different way of seeing the world around us. My hope is that as you read these reflections, you too, will feel restored to life. And that maybe, just maybe, you will be inspired to begin noticing what is saving your life each day, each week, each month; and celebrating God's provision and your own embodied prayers. —Meg Lacy, Editor, 2024-2025 Prayers of the People

Copies of *Prayers of the People* are on the table outside the church office.



Collins Home 41st Annual BBQ

Saturday, October 5, 2024 · 4:00 - 7:00 pm · Collins Home Family Ministries, 110 Collins Home Dr, Seneca · \$15
Come enjoy a delicious meal with Joe's famous Secret Sauce and help support our kiddos!
Collins Home is one of our mission partners and its founders were members of FBC Pendleton.

FBCP Members Attend Choir Festival

On August 24-25, **Chris Cottingham** and **Richard Baldwin** represented the FBC Pendleton Sanctuary Choir at the second Summer Choral Festival hosted by Trinity Baptist Church in Seneca. We were joined by choir members from Fort Hill Presbyterian, St. Mark United Methodist, Seneca Presbyterian Church, and the Seneca High School Madrigals. It was a beautiful weekend to unite for worship and fellowship. The concert can be enjoyed on YouTube using this link: <https://youtu.be/jZ9Z1X9wnfk>.





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Drive Thru Food Drive Benefits CCC
Sunday, Oct 6 · 12 - 2



Deacons for the 2024-2025 Church Year

Flock 01: A - Bl	Jim Davis	(864) 207-0656
Flock 02: Bo - Cha	Anna Leavitt	(864) 430-1814
Flock 03: Che - Fi	Barbara Blackmon	(864) 903-3739
Flock 04: Fo - H	Suzanne Morse	(864) 643-9909
Flock 05: J - Me	Rick Massey	(864) 940-3515
Flock 06: Mi - Ra	Jan McCracken	(864) 934-4574
Flock 07: Re - Ta	Shelby Quattlebaum	(864) 934-6086
Flock 08: Th - Z	Warren Willoughby	(864) 940-5471
Deacons & Spouses	Dave Alverson	(864) 617-2449

**As we aspire to keep Jesus at the center of our lives,
 we are Rooted in Faith, and Growing in Love.
 We endeavor to be a welcoming and affirming
 community of grace for all people, loving our
 neighbors because God first loved us.**

SUNDAY MORNING SCHEDULE

9:00 am Coffee, Tea, & Conversation in the Fellowship Hall
9:30 am Sunday School
10:45 am Worship in the Sanctuary and on Facebook Live

We hope you can join us for in-person worship, but if you aren't able to attend in person, you can worship on Facebook through our live streaming system.
 find worship posts on our website
fbcpendleton.org

PASTORAL EMERGENCY

Rev. Jennifer McClung Rygg
864-760-7135

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